

# Me noho tahi tāua ki te whāriki

Please come join  
me on the mat



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**manahau**

Me noho tahi tāua  
ki te whāriki

Me noho tahi tāua  
ki te whāriki

Me noho tahi tāua  
ki te whāriki

Me noho tahi tāua  
ki te whāriki

Me noho tahi tāua  
ki te whāriki

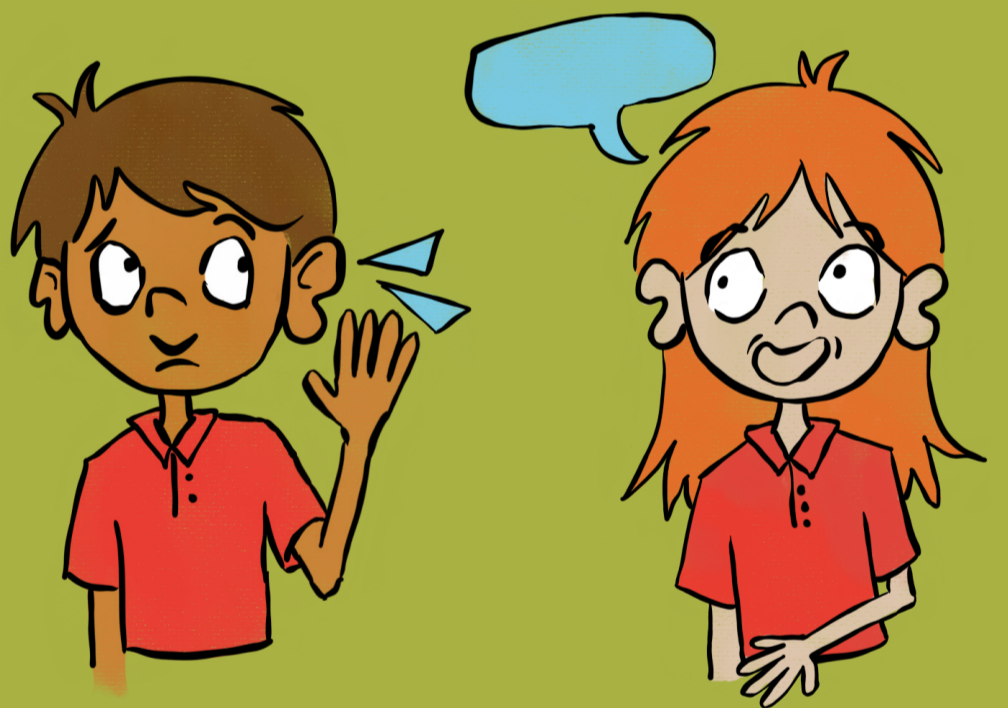
Me noho tahi tāua  
ki te whāriki

Me noho tahi tāua  
ki te whāriki

Me noho tahi tāua  
ki te whāriki

# He taonga te whakarongo, kei a koe taua taonga!

I love the way  
you're listening!



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**manahau**

He taonga te  
whakarongo, kei a  
koe taua taonga!

He taonga te  
whakarongo, kei a  
koe taua taonga!

He taonga te  
whakarongo, kei a  
koe taua taonga!

He taonga te  
whakarongo, kei a  
koe taua taonga!

He taonga te  
whakarongo, kei a  
koe taua taonga!

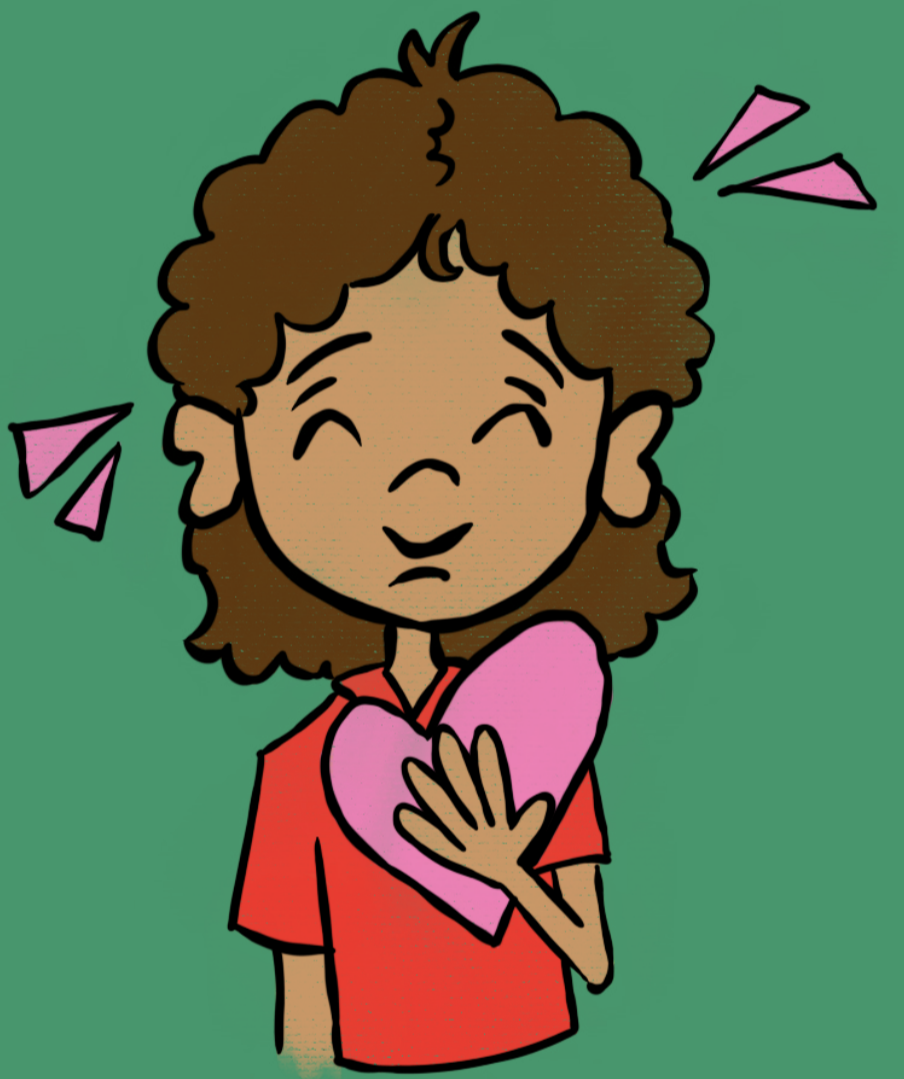
He taonga te  
whakarongo, kei a  
koe taua taonga!

He taonga te  
whakarongo, kei a  
koe taua taonga!

He taonga te  
whakarongo, kei a  
koe taua taonga!

# He hoa mākohakoha koe

Thank you for being  
such a kind friend



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**manahau**

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

He hoa  
mākohakoha koe

# Whakapuakina ōu whakaaro koa

Can you share  
your thoughts  
with me



manahau.nz

**manahau**

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa

Whakapuakina ōu  
whakaaro koa